



"AU*Capital SC College Night Program 2009"

Mission Statement

*"Promote, encourage and assist AU*Capital SC players and families in the pursuit of extending the player's soccer career to the collegiate level."*

■ **"College Recruiting Simplified"**

- Academics and Athletics
- High School Timeline
- Contacting a Coach and School
- Recruiting Process
- Deciding on a School

■ **Academics and Soccer**

- Prepare yourself academically
- NCAA Guide for College Bound Scholar Athlete
- Athletic scholarships
- Academic scholarships
- Academic Plan
- Financial Plan

■ **High School Timeline**

- Academic Goals and Objectives
- Exploring College Landscape
- Contacting Coaches

■ **"Freshman Year"**

- Review NCAA academic requirements

- Begin to develop a resume of accomplishments
- Begin to create a list of colleges
- Set academic goals
- Attend college summer camps

■ **“Sophomore Year”**

- Emphasis on academic performance
- Take PSAT
- Begin to consider field of study
- Prepare player profile
- Create introduction letter for college coaches
- Research colleges that match your academic and athletic abilities
- Send intro letter and player profile to coaches
- Attend college summer camps

■ **“Junior Year”**

- Emphasize academic performance
- Take SAT and ACT
- Determine the college level you should target
- Update Player Profile
- Send letter of interest and profile to coaches
- Visit college campuses
- Participate in college showcase soccer events
- Attend local college fairs

■ **“Senior Year”**

- File with NCAA Clearinghouse
- Retake ACT or SAT if necessary

- Submit applications for schools
- Choose a college
- Sign National Letter of Intent
- Play to stay in shape and sharp with the ball
- High school sends final transcript and proof of graduation to NCAA clearinghouse

■ **Contacting a Coach**

- Letter of Introduction
- Player Profile
- References
- Academic History
- Game and Tournament Schedule
- Player Video
- Contacts create opportunities

■ **“Important Things to Ask Or Know”**

- Watch a game for a prospective of college soccer.
- In what division and conference does the team play?
- What are the coach’s goals for the team?
- What style of play is desired for the team?
- How many players will be on the roster?
- How many trips are planned for the season?
- What are pre-season, season and spring schedules?
- How many seniors will be leaving the team?
- For what position is the player being recruited?

■ **NCAA Recruiting Rules**

- Recruiting material: Player may receive after September 1st of Junior year

- Telephone calls by players: Player may make calls to coaches at player's own expense
- Telephone calls by coach: Once per week after July 1st of the player's junior year
- Off Campus contact: Allowed after July 1st of junior year
- Unofficial visit: Unlimited number
- Official visit: Allowed opening day of classes of senior year

■ **College Athletic Divisions**

- NCAA – Division I, II, III
- NJCAA- Division I, II, III
- NAIA
- NCCAA

■ **“Slicing the Pie”**

Men's Soccer

- 330,044 participate on high school teams
- 2,357 NCAA scholarships for boys
- 6,047 boys shared these scholarships
- \$8533 average award for boys
- 39% of average cost of college
- 1.8% of high school soccer player boys receive a

NCAA soccer scholarship

■ **“Slicing the Pie”**

Women's Soccer

- 270,273 participate on a high school team
- 3964 NCAA scholarships for girls
- 9310 girls shared these scholarships
- \$8404 average award for girls

- 43% of average cost of college
- 3.4% of high school soccer player girls receive a NCAA athletic scholarship

■ **Contacting a College**

- Contact Admissions office
- Tour campus
- Academic strengths/majors
- Evaluate location
- Admission requirements
- Cost
- Does the college offer academic programs that interest the player?
- What is the expected enrollment of undergraduates?
- What are the class sizes?
- What are the housing options?
- Is tutoring offered to student-athletes?

■ **Club and Coach Support**

- Player evaluation
- Guide players to the appropriate playing level
- Exposure to showcase events
- Network with coaches
- Ambassador to our players

■ **Player's Role in the College Process**

The Three P's

- Be **P**roactive
- Be **P**repared
- Be **P**ersistent

■ Parents Role

- Sit down with your son/daughter and discuss with them what you would like for them.
- Help them organize
- Give them advice when they ask.
- Help but do not write their letters or emails.
- Talk with college coaches when it is time to talk about money and visits. Do not try to negotiate.
- Parents that are too involved can scare coaches away.
- Work in the background with support and advice.
- Try not to put too much stress on your son/daughter

■ For Financial Questions?

- Contact the Schools Financial Aid Office.
- References
 - *"Best Buys in College Education"*, Solorzano, L.
 - *"Financial Aids for Higher Education"*, Keeslar & Santamaria.
 - *"College Money Handbook"*, www.petersons.com

■ Helpful Resources

- www.austinsoccer.org- The AU*Capital SC College Program is a combination of programs, leadership and opportunities to support the ongoing goals of the talented and committed player.
- <http://www.ncaa.com/scoreboard.html> This shows the schedules and scores for each day. You can link to the university or college from this site.
- <http://www.members.aol.com/ionagrm/soccer/mens.htm> This is a state by state listing and links to colleges and university sites.
- NCAA web site www.ncaa.org
- NAIA web site <http://naia.cstv.com/index.html>

